
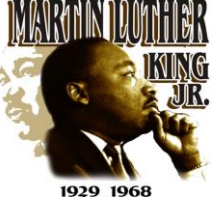


# JANUARY 2023

SALAD AND FRUIT BARS OFFERED AT ALL SITES BUT BROWN

11/30/22

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 	3	4 --BREAKFAST--  Waffle, Sliced Apples, Juice  --LUNCH--  Cheeseburger or Hamburger, Fries, Lettuce & Tomato, Fresh Fruit	5 --BREAKFAST--  Egg & Cheese English Muffin, Banana, Juice  --LUNCH--  Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears	6 --BREAKFAST--  Pizza, Apple Crisps, Juice  --LUNCH--  Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie
9 --BREAKFAST--  Cheese Filled Bread Stick, Fruit Cup, Juice  --LUNCH--  Chicken Sandwich, Baked Beans, Broccoli, Mixed Fruit	10 --BREAKFAST--  Cake Donut, Applesauce, Juice  --LUNCH--  Pizzaboli Bites, Broccoli, Carrots, Peaches	11 --BREAKFAST--  Mini Muffin, Egg Bake Bite, Sliced Apples, Juice  --LUNCH--  Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	12 --BREAKFAST--  Eggstravaganza Burrito, Banana, Juice  --LUNCH--  Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears	13 --BREAKFAST--  Pancake Bites, MixZees Dried Fruit, Juice  --LUNCH--  Drumsticks, Macaroni & Cheese, Green Beans, Carrots, Applesauce
16 	17 --BREAKFAST--  Benefit Bar, Applesauce, Juice  --LUNCH--  BBQ Sandwich, Fries, Broccoli, Mixed Fruit	18 --BREAKFAST--  Cream Cheese Bagel or Frudel, Sliced Apples, Juice  --LUNCH--  French Bread Pepperoni Pizza, Green Beans, Fresh Fruit	19 --BREAKFAST--  Egg & Cheese Biscuit, Banana, Juice  --LUNCH--  Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Peaches	20 --BREAKFAST--  Cereal, Cheese Stick, Apple Crisp, Juice  --LUNCH--  Frito Pie, Corn, Carrots, Applesauce
23 --BREAKFAST--  Ultimate Breakfast Round, Fruit Cups, Juice  --LUNCH--  Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit	24 --BREAKFAST--  Morning Roll, Applesauce, Juice  --LUNCH--  Pizza, Broccoli, Carrots, Peaches	25 --BREAKFAST--  Waffle, Sliced Apples, Juice  --LUNCH--  Lasagne Rollup w/meat sauce, Green Beans, Breadsticks, Fresh Fruit	26 --BREAKFAST--  Egg & Cheese English Muffin, Banana, Juice  --LUNCH--  Popcorn Chicken, Mashed Potato, Cucumbers, Gravy, Roll, Pears	27 --BREAKFAST--  Pizza, Apple Crisps, Juice  --LUNCH--  Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie
30 --BREAKFAST--  <b>WK 1</b> Cheese Filled Bread Stick, Fruit Cup, Juice  --LUNCH--  Chicken Sandwich, Fries, Broccoli, Mixed Fruit	31 --BREAKFAST--  Cake Donut, Applesauce, Juice  --LUNCH--  Pizzaboli Bites, Broccoli, Carrots, Peaches	<div>FREE</div> <div>BREAKFAST</div> <div>AND</div> <div>LUNCH</div> <div>FOR ALL</div> <div>STUDENTS</div>		

USDA is an equal opportunity provider and employer.